

Use the Power of Rules And Expectations

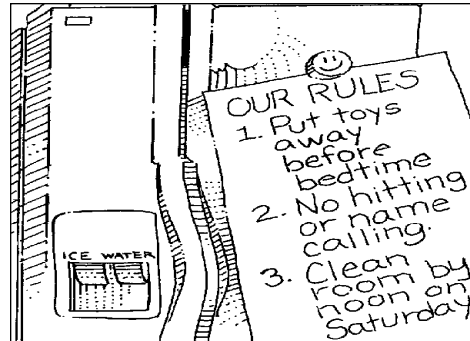


Rules and expectations are important because children need to know what you expect from them. You show your expectations by your words and actions. Tell your child what kind of behavior, grades or results you want.

Among the most important rules and expectations are neatness, respect, obedience, permission and peacefulness.

To make rules that work:

- First ask your child for ideas, and talk about them. Then you make the final decision about your family's rules. Write them down for everyone to see.
- Talk about the reasons for each rule. Children are more likely to follow a rule if they understand it.



- Don't make more rules than children can remember.
- Don't make rules that are impossible to follow. Make sure you can follow them yourself.

You will be amazed at the difference good rules and clear expectations can make.

Use the Power of Rules And Expectations

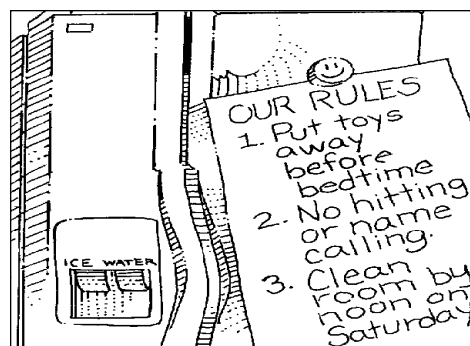


Rules and expectations are important because children need to know what you expect from them. You show your expectations by your words and actions. Tell your child what kind of behavior, grades or results you want.

Among the most important rules and expectations are neatness, respect, obedience, permission and peacefulness.

To make rules that work:

- First ask your child for ideas, and talk about them. Then you make the final decision about your family's rules. Write them down for everyone to see.
- Talk about the reasons for each rule. Children are more likely to follow a rule if they understand it.



- Don't make more rules than children can remember.
- Don't make rules that are impossible to follow. Make sure you can follow them yourself.

You will be amazed at the difference good rules and clear expectations can make.