

# SEPT 2011

# St. Mary Magdalen Catholic School

mon	tue	wed	thu	fri
<p>SLA Management is sensitive to the needs of all students with allergies; however we cannot be absolutely certain that all food products are free from potential allergens, notably peanut or peanut related products. If a student has a severe allergy we strongly advise you consider other lunch options.</p>			Buffalo Chicken Tender Sub served with French Fries Chicken Tenders Taco Salad	1 2 Cheese Pizza Pepperoni Pizza
5 <u>Labor Day</u> <u>School Closed</u>	6 Breakfast For Lunch Omelette, French Toast & Sausage Personal Pan Pizza Cucumber Orange Salad	7 Sweet Asian Chili Chicken served with Rice Chicken Bites Turkey Mozzarella Wrap	8 Hamburger or Cheeseburger served with French Fries Chicken Tenders Cucumber Orange Salad	9 <u>Grandparents Day</u> <u>Bagged Lunch</u> Turkey Sandwich Chips, Fruit & Dessert
12 Cheese Quesadilla served with Dessert Chicken Sandwich Chicken Ranch Wrap	13 Penne Pasta with Meatballs with a Garlic Bread Stick Personal Pan Pizza Cobb Salad	14 Homestyle Chicken Bowl served with Mashed Potatoes Chicken Bites Chicken Ranch Wrap	15 BLT Sandwich served with French Fries Chicken Tenders Cobb Salad	16 Cheese Pizza Pepperoni Pizza
19 Monster Mac & Cheese served with Dessert Chicken Sandwich Santé Fe Wrap	20 All Beef Hot Dog served with Mac & Cheese Personal Pan Pizza Chicken Caesar Salad	21 Chicken Alfredo with a Garlic Bread Stick Chicken Bites Santé Fe Wrap	22 Cheeseburger Snack Wrap served with French Fries Chicken Tenders Chicken Caesar Salad	23 Cheese Pizza Pepperoni Pizza
26 Grilled Cheese Bagel served with Dessert Chicken Sandwich Veggie Wrap	27 Beef-A-Roni with a Garlic Bread Stick Personal Pan Pizza Taco Salad	28 Mandarin Orange Chicken served with Rice Chicken Bites Veggie Wrap	29 Buffalo Chicken Tender Sub served with French Fries Chicken Tenders Taco Salad	30 Cheese Pizza Pepperoni Pizza

'Build-A-Meal'  
This year you can choose your Entrée AND choose your sides.



MeatlessMonday is an international campaign that encourages people to not eat meat on Mondays to improve their health and the health of the planet.

**SIDES!**  
 Fruit Sunchips Side Salad Gogurt  
 Veggies & Dip Hot Vegetables

